

ARE YOU LIVING WITH LONG-TERM PAIN?



PURE
HEALTH &
WELLBEING



Integrated Care

WE ARE HERE TO HELP!

HOW OUR SERVICE CAN SUPPORT YOU:



DEDICATED TIME WITH A HIGHLY
TRAINED HEALTH AND WELLBEING
COACH



WEEKLY SESSIONS WORKING TOWARDS
YOUR GOALS



HELPING YOU LIVE A BETTER LIFE,
MANAGE YOUR PAIN AND DO THE THINGS
YOU WANT TO DO

**ASK OUR SURGERY RECEPTIONIST FOR MORE
INFORMATION OR MENTION IT TO YOUR GP**